

Übersicht Jahresplan 2010 SCC Racing / RVZS / DIRT / Swiss Optimist

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|-----------|----------------------------------|---|-------|---|---|------|---|---|---|----|----|------|-------|-----------------|--------------|--------|----------------------|--------|----|----|----|----|--------------------------------------|----|----|------|------------|------|----|----|-----|
| January | | | | | | | | | | | | | | | S | | | | | | | S | Ski | | | | | | | T1 | Ski |
| | Infoabend Eltern 16. Dezember 09 | | | | | | | | | | | | | | | | Skitag | | | | | | Regatta | | | | | | | | |
| February | | | | S | | | | | | | | | | A | Griechenland | | | | R | | | | S | T2 | | | | | | | |
| | Sportferien | | | | | | | | | | | | | | | | Zizi Staniul | | | | | | Protestverhandlung | | | | | | | | |
| March | | | | S | S | | | | | | | | | Training 2 Riva | | | | | | | S | | | | T3 | PM 1 | Training 3 | | | | |
| | Sicherheit Hallenbad | | | | | | | | | | | | | | | | RVZS Training B | | | | | | Maettu Keller | | | | | | | | |
| | | | | | | | | | | | | | | | | | Lugano | | | | | | Riva Maettu Keller | | | | | | | | |
| April | | | | | | | | | | | | | | Meeting Riva* | R | | | | | | | | | | | A | Training 4 | | | | |
| | Rückreise | | | | | | | | | | | | | | | | Murten | | | | | | Anreise Jean-Paul Perrot | | | | | | | | |
| | Ostern | | | | | | | | | | | | | | | | Frühlingsferien | | | | | | | | | | | | | | |
| May | | | | | | | | | | | | | | A | Training 5 | Workum | | | | | | | | | | B | W | | | | |
| | Le Havre R | | | | | | | | | | | | | | | | Rückreise | | | | | | Anreise Matias Bühler / Marcos Lamas | | | | | | | | |
| | ZIZI | | | | | | | | | | | | | | | | Rückreise | | | | | | Kickoff EM/WM | | | | | | | | |
| | | | | | | | | | | | | | | | | | Auffahrt | | | | | | PF | | | | | | | | |
| June | | | | B | W | PM 3 | | | | | B | W | Reg 1 | | | B | W | TeamR. | | | | | | B | W | W | | | | B | |
| | Prep EM | | | | | | | | | | | | | | | | Hallwil | | | | | | Prep. EM Stansstad | | | | | | | | |
| | FR | | | | | | | | | | | | | | | | Wasserskitag mit WSC | | | | | | | | | | | | | | |
| July | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | W | | | | | | | | | | | | | | | | Lager Davos | | | | | | | | | | | | | | |
| | EM in Polen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sommerferien | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| August | | | | | | | | | | | | | | Ora Cup | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | Reg 2 | | | | | | SM Thun | | | | | | | | |
| | | | | | | | | | | | | | | | | | (Freiwillig) | | | | | | offen | | | | | | | | |
| September | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | B | W | Reg 3 | | | | | | | B | W | PM 4 | | | | B | W | Reg 4 | | | | | | | | B | W | PM 5 | | | |
| | Cham | | | | | | | | | | | | | | | | Reg. 1 | | | | | | Luzern | | | | | | | | |
| | | | | | | | | | | | | | | | | | Brunnen | | | | | | | | | | | | | | |
| October | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | W | | | | | | | | | | | | | | | | Lager Malcesine | | | | | | Riva | | | | | | | | |
| | | | | | | | | | | | | | | | | | TalentPool SST | | | | | | Trofeo Torboli | | | | | | | | |
| | Herbstferien | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| November | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | B | | | | S | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Prep WM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | AH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| December | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | S | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Palma | | | | | | | | | | | | | | | | S | | | | | | S | | | | | | | | |
| | San Remo | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Samichlaus | | | | | | | | | | | | | | | | ME | | | | | | WM in Malaysia | | | | | | | | |
| | | | | | | | | | | | | | | | | | Weihnachtsferien | | | | | | | | | | | | | | |

| | |
|-----------------|--|
| DIRT | 22x Trainingstage + 13x Regattatage = 35 Tage |
| PM/SM/Teamrace | Regattas 16x |
| Pre-Sel. | Pre-Selektion 13x |
| Sel. | Selektion 7x |
| RVZS | B = Brunnen 18x |
| Clubtraining | T = Theorie 3x, W = Wassertraining 11x, S = Hallentraining 12x |
| Lager | Lager 2x = 15 Tage |
| Veranstaltungen | Tage 2x und Abende 3x |
| | Schulferien Zug |

* Selektion der 98er anstelle Workum

Cham, 16. Dezember 2009